

March 9, 2023

From Fr. John

We are a couple of weeks into our Lenten disciplines. How are yours going? Yeah ... me too.

I read recently that it takes 21 days to create a new habit, and 90 days for that habit to become a true part of your life. We are not at the point yet where those new habits have taken hold. But a 40 day Lenten discipline ought to get us to the “created habit” phase of the process. Currently, we are in the phase in which we just struggle to change our patterns of behavior.

We still have a few days to go until we get to the 21 day mark. Hang in there. You can make it.

And by the way ... if you did not take on the Lenten discipline of praying more, or in new ways, it's not too late. Start today. If you forget tomorrow, try again on Saturday. Just keep at it.

To paraphrase St. Francis of Assisi, “Pray always. And when necessary, use words.” Keep trying. You can do anything for 25 more days.

Peace be with you all,
Fr. John+



Lenten Opportunities

- **Stations of the Cross** - Every Friday at 12:15 p.m. in the church
- **Wednesday Evening Holy Eucharist** - 5:15 p.m. in the chapel



Episcopalian Slip-Knots Saturday - March 11 10:00 AM - Noon in Youth Building

The Episcopalian Slip-knots continue to take up their knitting needles and crochet hooks to create scarves, hats, and other warm fuzzies to donate to the Homeless Coalition around the corner, to disburse to our neighbors in need in the wintertime. Come enjoy the fellowship and coffee! Contact Sara Fuhrer at 985-237- 9848 for more information.

**REMEMBER
DAYLIGHT SAVINGS TIME
THIS SATURDAY**

Set clocks AHEAD one hour.





Adult Christian Formation This Sunday

Join us Sunday at 9:15 a.m. in the Parlor as we continue our study of the Gospel of Matthew, using a video that is the word-for-word Gospel, but with actors bringing the action to life.

There is discussion of what we see and hear each week. No preparation needed.

Coffee Hour

Join us for coffee hour & fellowship this Sunday morning following the 10:30 AM service. This is a great opportunity to visit and catch up on what is happening within our church family.



If you would like to help either with refreshments or as a server for this ministry, sign up in Parish Hall or call Susan Frey at 318-449-8501.

Lent Resources Available Online



The Episcopal Church's website offers plenty of good resources for use during Lent. These include daily meditations, sermons, and more.

[Click here](#) to view the Lent Resources.

Worship

March 12th
Third Sunday in Lent

In-person Worship at 8:00 AM & 10:30 AM
Childcare is available for the 10:30 AM service.

[Click on this link to join the 10:30 AM service.](#)

[Click here for the service bulletin.](#)



March 12, 2023
Evening Prayer
Online @ 5:00 PM

[Click on this link to join Evening Prayer.](#)

Meeting ID: 863 4898 4077

Passcode: 1620

[Click here for the order of service & reading.](#)

Prayer

Parish Prayer List

Please keep these members of our community in your prayers:

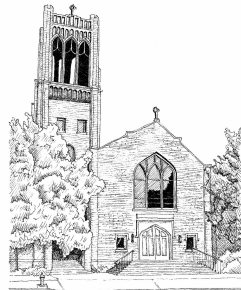
Lacy Shaw, Sam Bejach, Gary and Becky Maxwell, Liz McSween, Beth Courtney, Holly Craig, Kip Hogue, Charles, Jim Bristol, Ellen Moore, Bill Owens, Mother Meredith Ward, Pat Carter, Betty Gaiennie, Jack Dewitt, Sr., Beth Hebert, Rita & Bill Clancey, Jimmy Hurt, Carol Rowe, Barbara Baldwin, Louise Carter, Donnie Hayes, John Brewer, Fred Alexius, Paula Lieberman, Bill and Beverly Jarvis, Robbie G., Jonathan Rhea, Laura Murchison, Minnie Mikell, Massi Jordan, Richard Norem, Pepe Rizzo, Bonnie McLellan, Michael Sterne, Jim Leggett, Cackie, Bernard Parker, Kristie Fresh, Andrea, Janet & Carl Ahrens, Jeff and Anne, Lillian DeVille, Shannon Norman, Bill Jarvis, Wilma Filipi, Stephen, Natosha and Family, Fran Barbato, Kevin Delaney, Gail, Charlotte Sterling, Matthew Fontanille, Andrew, Shirley Christian, Susan Webster, Stacy and Richard, Chase Barnfield, Taylor Thompson, Johnnie Hart, Jane Y. Harris, Kyle, James Jay Watts, Beth Virden, Glenn Guillory, Elda Schoolcraft, Mesta Bain, Dean M. Tyree, Dietrich DeBoer, Beverly Butler, Murel Trimble, Emily Warren, Bill Leibke, Wayne Moorehead, Donna House, Dayna Hill, Kevin Hooter, Jane Tyson, Gerard, and Mehre Hajjighassem.

For those in the military:

Kyle Jordan, Josh Duff, Samuel Hayes, Franklin Watson, Kyle Jordan, Donal McCarthy, Michael Geiger, Erskine Cook, Jr., Patrick Downs, and Chris Babcock.

For those celebrating birthdays in March (day):

Melinda Mikell (1), Janet Ahrens (5), Alexander Adams (7), Donnie Hayes (7), Randall Despino (8), Edmond O'Quin (8), Shepard Searcy (9), Courtney Dixon (10), Randy Welch (13), Julie Despino (14), Barbara Moorehead (16), Alex Norton (22), Tom McBride (25), Don Kramer (27), Bryce Dixon (28), Betty Gaiennie (29).



Visit our Website

St. James Episcopal Church | 1620 Murray Street, Alexandria, LA 71301 | 318.445.9845



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